HOW TO GET TO ARBERLAND

BY CAR

Take Bundesstraße B 11 or Bundesstraße B 85 from Autobahn A 3 (Regensburg – Passau) or from Autobahn A 92.

BY TRAIN

If you arrive by IC- or ICE- train, you can go to ARBERLAND using the Waldbahn starting from Plattling, the local transport hub for travelling by train.

BY AIRPLANE

The airports of Munich, Nuremberg, Linz and Prague are between 150 and 220 kilometers away from Arberland. By car, this means an about 1½ to 2½ hours drive. Should you decide to go to and from the aiport by bus or train, the journey will take around 3 - 4 hours.



ACCOMMODATION

Please contact the office of the organization committee for information on accommodation for further information or booking directly with them!

CATEGORIES:

HOTEL: Half board / per day / per person

**** 90 - 120 Euro ***\$ 70 - 90 Euro *** 65 - 80 Euro **GUESTHOUSE:** 35 - 45 Euro per day / per person breakfast included

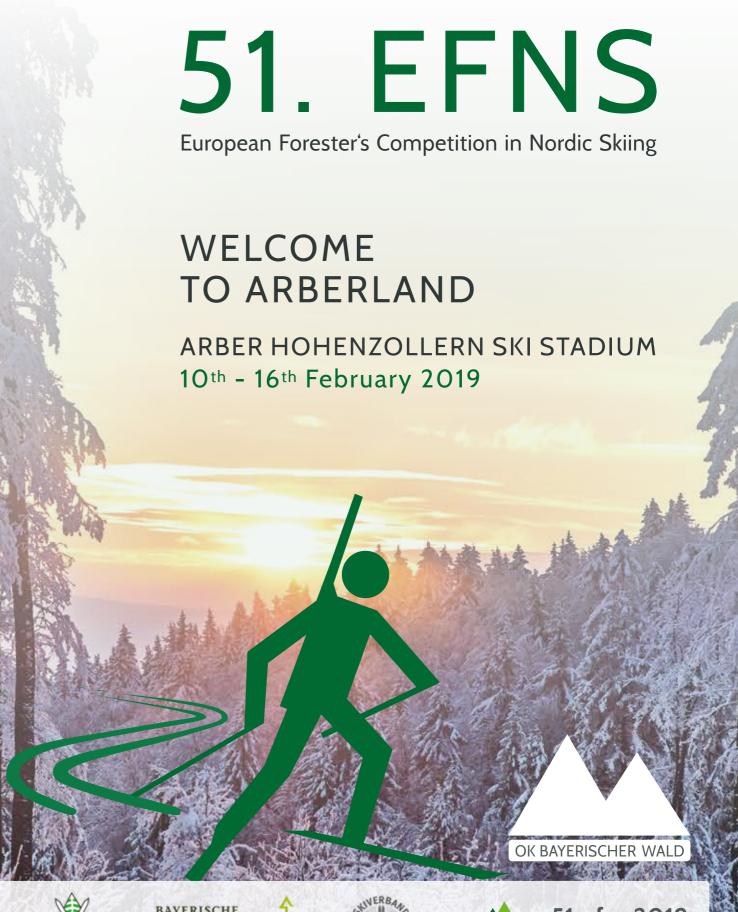
APPARTEMENT:

2 - 4 persons 50 - 100 Euro per day (no catering) 2 - 6 persons 70 - 120 Euro per day (no catering)



CONTACT

Organising Committee EFNS 2019
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WEEKLY PROGRAM

Sunday,	February 10:		Arrival
Monday,	February 11:	8:30 h	Excursions
Tuesday,	February 12:	8:30 h 10:00 h 16:30 h 20:00 h	Excursions Official training, shooting included Team leader meeting Opening ceremony at the Glass Paradise JOSKA in Bodenmais
Wednesday,	February 13:	10:00 h 15:00 h 20:00 h	Start of the individual competition – classic style Sleigh races at Glasberg Zwiesel (optional with registration) Cabaret evening
Thursday,	February 14:	10:00 h 18:30 h 20:00 h	Start of the individual competition – skating style Visit to the Ski Museum of NaturparkWelten in Bayerisch Eisenstein Slideshow and talk about woodworks in the Bavarian Forest 50 years ago (NaturparkWelten in Bayerisch Eisenstein)
Friday,	February 15: subs	09:00 h equently 19:00 h	Start of te relay competition Festival of nations at the ski stadium Hohenzollern Award ceremony and closing ceremony at the Falter-Saal in Regen
Saturday,	February 16:		Individual departure

EXCURSIONS



Adventure TOUR National park Bavarian Forest



Monday and Tuesday (11./12.02.) all-day | Bus departs at 8.00 h in Bodenmais, at 8.30 h in Zwiesel

Take to the skies: Experience the world from up to 44 meters height! The staff of the National Park Bavarian Forest administration will accompany you on an exciting, 1.3 kilometers walk through the world's longest tree top path. A perfect opportunity to become acquainted with local nature – from a bird's view!

Off to codgers, bears and otters: If you are interested in forest ecosystems, this one is for you! On this tour, you will have the chance to learn about the habitat and mode of life of animals inside and outside the compound. Codgers, bears and otters as well as red deer and feral cats can be experienced close up!



Bavarian Foest – Home of Wood and Glass Monday (11.02.) all-day | Tuesday (12.02.) abbreviated – half-day

Bus departs at 8.00 h in Bodenmais at 8.30 h in Zwiesel

The barons von Poschinger have been producing mouth – blown glasses for international customers since 1568, and their glass manufactory is Europe's leading specialist when it comes to custom made products. Also in possession of the family von Poschinger is a modern forestry operation comprising 2300 hectares of forest situated at the slopes of Mount Rachel at an altitude of 66 – 1190 meters above sea level. 48 % of the Poschinger-owned mixed montane forests are beeches, and, using the wood from these forests, moulds for the manufactory are being produced to this very day. Your tour through the glass manufactory will be concluded by receiving extensive information on the subjects of treatment of areas with damages from wind and storm, silviculture in mixed montane forests, damages by red deer and new strategies of hunting.



Following the traces of the Western Capercaillie (Auerhahn) at the higher altitudes of Mount Arber

Montag (11.02.) all-day | Bus departs at 9.00 h in Bodenmais, at 9.30 h in Zwiesel

Take a 30 km ski tour with cross-country skis from the cross-country ski center Bretterschachten via Chamer Hütte to your destination, Gasthof Schareben. Skiing the Auerhahnloipe towards Mount Arber, you will go to the high altitude forest were you have the possibility to learn about silviculture as well as local flora and fauna. After a lunch break in Chamer Hütte you will ski to Fuchsreibe and Schareben and then, after a coffee break, you will conclude your tour at Gasthof Schareben.



Snowshoe hiking: From Bodenmais to Mount Arber via 3 natural forest reserves

Monday (11.02.) all-day | Bus departs at 8.00 h in Zwiesel, at 8.30 h meeting point in Bodenmais

With this excursion, you have the chance to explore 3 uncultivated natural forest reserves were the mixed montane forests present you the triad of beeches, firs and spruces. Passing a frosty waterfall and the high level mires which are typical for this area, you will reach the highest peak of the Bavarian Forest, Mount Arber, and its natural high altitude spruce forest. The effects of climate change and the biodiversity in the altitudinal gradient of the Bavarian Forest will be addressed along the way.



Passau - city of culture

Monday and Tuesday (11./12.02.) all-day | Bus departs at 8.00 h in Bodenmais, at 8.30 h in Zwiesel

The river Danube from the West, the river Inn from the South and the river Ilz from the North – these 3 rivers from 3 directions have shaped a uniquely beautiful landscape dubbed "Dreiflüsseeck" ("Three rivers' corner"). This beautiful landscape plus the baroque old city which was built by the Italian masters during the 17th century with the majestic St. Stephan's cathedral (home to the largest cathedral organ of the world!) in its center are well worth a visit: charm and beauty, history and culture, art and experience make Passau the perfect destination for a short trip. Come and see for yourselves! Take a tour and get details on the history of Passau, walking the charming streets of the romantic old city, passing historic sights such as the cathedral, residence and old town hall. In 1662 the cathedral fell victim to a city-wide fire and was rebuilt in the style of Italian Baroque with the remnants of its old, gothic ancestor.



The benefits of idleness



Monday and Tuesday (11./12.02.) all-day | Bus departs at 8.00 h in Bodenmais, at 8.30 h in Zwiesel

Snow-shoe hiking towards Mount Großer Falkenstein: The staff of the national park Bavarian Forest will guide you on this challenging tour to Mount Großer Falkenstein at 1315 meters altitude. The plateau on the peak offers a view to the West and South-West, revealing Mount Großer Arber and the mountainous ridge of the anterior Bavarian Forest. Here at the foot you will find the basin of Zwieseler Winkel. A good opportunity to learn about the history and the features of the local nature in this special habitat.



Primeval Forest – right at our doorstep!



Monday and Tuesday (11./12.02.) half-day | Bus departs at 8.00 h in Bodenmais, at 8.30 h in Zwiesel

Take a walk on the Watzlik-Hain-path through the primeval forest accompanied by national park staff, to experience the unique remains of primeval forest at the ridges of Mount Großer Falkenstein. Feel the power of these ancient trees and the eternal circle of growth and decay.

Fascinating red deer: To conclude your tour through the primeval forest, you will have the opportunity to observe red deer and other animals at the feeding grounds of the game preserve with a national park ranger. There you can pass your time with stimulating discussions about the conservation of species and wildlife management, to name but a view aspects.

Program modifications reserved! Excursions take place in German and English language. For further information please visit: www.efns2019.de









